



Preschool – Week 1

Learning Time

- ☐ Learn the letter Aa this week, using *Let's Learn Our Bible!* from Sonbeams, pp. 1 – 13.
- ☐ Sing “All Have Sinned” (track 1) of *ABC Bible Memory Verse Songs*.

Notes:

- ☐ The Sonbeams curriculum does not use sacred names, such as Yeshua. It isn't hard to adapt, however; and the author's emphasis on both our redemption through the Messiah as well as obedience to our Father is very nice.
- ☐ You might want to adapt phrases such as “live as a Christian” to “live as disciples of Yeshua” (p. 6). These mean the same thing, but this might be closer to what your children are used to.

Supplies Needed This Week:

- ☐ Poster board – to make a Bible verse chart (p. ii)

Creative Time

This week we're going to make a “Touch and Tell” box that your child can use to guess what's inside.

- ☐ Prepare a box.
1. Get a large cardboard box, scissors, and heavy tape (such as duct or packing tape).
 2. Tape the top of the box closed.
 3. Cut 3-inch holes on the two opposite sides of the box.

Note: Let your child help you while you prepare the box! Talk with him while you work, using words such as up, inside, opposite, under.



During the child's "Creative Time," Let your child decorate the box however he wishes, using markers and paint, or cutting out shapes from construction paper and gluing them on the box. He could even decorate a little bit each day.

How to Play:

Fill the box with fun objects – a spoon, plastic cup, stone, sponge, straw, mitten, crayon, scarf, small toy, sock.

See if your child can identify the objects by feeling them.

Let your child try filling the box for other family members to feel inside and guess. He'll probably giggle a lot!

Note: See "Rest Time" below for a second activity that could be completed when the "Touch and Tell" box has been fully decorated.

Build Time

Idea #1 – Follow the Leader (with trucks or dolls)

You select one truck (or doll), and your child selects another. Take the two on a trip around the room, talking about where you are as you move about.

"... under the chair, around the table, over Grandma, over the plant, to the left of the lamp, backwards, after the cat, faster!"

Now let your child use both toys, making one toy be the leader and the other the follower. Encourage him to play this by himself for awhile.

Idea #2 – Blocks

Do you have wooden blocks in your home? We like to keep our blocks in one big container and to pull it out during this scheduled play time. Children love to stack blocks *up*, and knock them *down*. The ability to stack a certain number of blocks is actually used to test cognitive ability!

But making houses, castles, horse bars, and roads is also fun with blocks. You could even combine blocks with Idea #1 above. (Or put a block in your child's "Touch and Tell" box when he isn't looking.)



Outside Time

The theme for this week is “Water, Water, Everywhere.” Water play is one of a preschooler’s favorite activities. All you need to do is supply some water, a place to play, a few rules, and some materials to supplement.

Places to Play:

- ☐ Bathtub
- ☐ Outside with a big tub filled halfway to the top.
- ☐ A smaller container on a table or floor.
- ☐ In the kitchen sink.
- ☐ With a cleaning bucket and soap suds in the driveway.

Note: Be sure to supervise your child at all times when water is involved.

Other materials that are fun:

- ☐ Old raincoat
- ☐ Sieve
- ☐ Pitcher
- ☐ Plastic bottle tops
- ☐ Balls
- ☐ Sponges
- ☐ Medicine dropper
- ☐ Empty dish detergent or shampoo bottles
- ☐ Turkey baster
- ☐ Plastic sandwich bag
- ☐ Funnel
- ☐ Egg beater
- ☐ Blocks
- ☐ Plastic sippy cup
- ☐ Straws

For variety, try adding salt to the water. What will float and what will sink in salt water? Test in plain water, too.



Rest Time

Note: This idea could be continued up in Creative Time, when the “Touch and Tell” box has been fully decorated.

Begin to make a “Quiet Book” that your child can look at during rest time each day. Prepare by first getting a 3-ring binder for your child and filling it with 20-30 sheets of blank, white paper. (If you have older children doing school work each day, your child will probably be thrilled to have his own notebook!)

We’re going to add pages to this book throughout the year, but let’s begin by having your child make a diary. Each day this week, allow him to draw a picture of what he did today. Even a very small child who is still making scribbles will know exactly what his scribbles are supposed to be.

Have discussions with your child about these pictures. Always try to turn the conversation around to your Heavenly Father. (You may even wish to call Him *Abba*.)

“What did you do today, Honey?”

“Isn’t it a good thing that Abba was watching over us and keeping us safe?”

“Did you play with the dog? Aren’t we so glad that Yeshua made dogs for us to enjoy? We should thank Him!”

“Did you see the new moon today? Abba placed the moon in the sky so we would know what day it is. He is so smart. Could you make the moon, Honey? Me, neither.”



Note about Rest Time:

We like having a special spot for Rest Time. It can have a special chair, pillow, or blanket. Have a basket filled with good books. It should be a treat and privilege to retreat to this place, not a punishment.

Books We Love in our Rest-Time Basket:

