

# Chore Time - Week 1

## *Chores for All*

In our house, everyone from the 1-year-olds to the 100-year olds does the following chores each day:

- Get dressed
- Put pajamas away
- Put dirty clothes away
- Make bed
- Brush teeth
- Fix hair

We do our chores right after breakfast and Torah portion reading. Sometimes Mom puts on some fun music.

If we are doing our chores too slowly, she will set a timer. If we don't complete our chores within that reasonable amount of time, we know we will be punished.

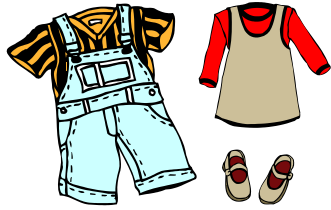
Mom (or an older sibling) helps the very youngest ones do their chores.

1. She first changes their diapers. She helps them walk to the garbage can to dispose of their diapers until they are old enough to do it themselves.
2. Next, she walks with them to the dresser for clean clothes and shows them where to put their pajamas.
3. Next, she helps them tug and pull on their blankets and smooths the wrinkles out for them. She helps them place favorite dolls and blankets on their pillows. (To make it easier for little ones to make their beds, she only uses a fitted sheet – not a top sheet.)
4. Then she walks them into the bathroom and brushes their teeth. As they get older, she lets them have a turn holding the toothbrush when she is done.
5. Finally, she brushes their hair. She shows them where to put the brush or comb when she is done.

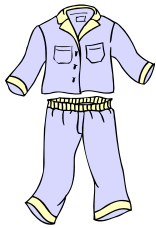
Mom expects that any potty-trained toddlers should also be able to dress themselves and do most of their chores without help.

For children who can't yet read, she has placed a chore chart on the refrigerator (see p. 2). We "read" it every morning and do our chores in this order. By the time we are old enough to read, we're in the habit of doing these chores *first*, and we don't really need the chart any longer.

When we are done with our chores, we check if Mom has any additional chores she wants us to do (see each week's lesson plans, beginning p. 3).



Get dressed.



Put my pajamas away.



Put my dirty clothes  
away.



Make my bed.



Brush my teeth.



Fix my hair.

## ***Chores to Learn***

Below are chores that you can teach (or review with) your child this week. Note that they are arranged by approximate ages:

- **Preschool** – ages 2 to 5
- **Primary** – 1<sup>st</sup> to 3<sup>rd</sup> grade
- **Junior** – 4<sup>th</sup> to 6<sup>th</sup> grade
- **Middler** – 7<sup>th</sup> to 8<sup>th</sup> grade

However, if your older children haven't learned a chore from a younger category, be sure to take the time to teach it.

### **Week 1**

This week's focus: "Getting Dressed"

- Preschool:** Learn how to dress himself and, if old enough, tie shoes.
- Primary:** Learn how to efficiently organize his dresser drawers and closet.
- Junior:** Learn how to tie a necktie (boys *and* girls).
- Middler:** Learn how to match clothes and dress sensibly.

# Chore Time - Week 2

## *Chores for All*

*The following is a review from Week 1:*

In our house, everyone from the 1-year-olds to the 100-year olds does the following chores each day:

- Get dressed
- Put pajamas away
- Put dirty clothes away
- Make bed
- Brush teeth
- Fix hair

We do our chores right after breakfast and Torah portion reading. Sometimes Mom puts on some fun music.

If we are doing our chores too slowly, she will set a timer. If we don't complete our chores within that reasonable amount of time, we know we will be punished.

Mom (or an older sibling) helps the very youngest ones do their chores.

1. She first changes their diapers. She helps them walk to the garbage can to dispose of their diapers until they are old enough to do it themselves.
2. Next, she walks with them to the dresser for clean clothes and shows them where to put their pajamas.
3. Next, she helps them tug and pull on their blankets and smooths the wrinkles out for them. She helps them place favorite dolls and blankets on their pillows. (To make it easier for little ones to make their beds, she only uses a fitted sheet – not a top sheet.)
4. Then she walks them into the bathroom and brushes their teeth. As they get older, she lets them have a turn holding the toothbrush when she is done.
5. Finally, she brushes their hair. She shows them where to put the brush or comb when she is done.

Mom expects that any potty-trained toddlers should also be able to dress themselves and do most of their chores without help.

For children who can't yet read, she has placed a chore chart on the refrigerator . We "read" it every morning and do our chores in this order. By the time we are old enough to read, we're in the habit of doing these chores *first*, and we don't really need the chart any longer.

When we are done with our chores, we check if Mom has any additional chores she wants us to do. (See next page.)

## ***Chores to Learn***

Below are chores that you can teach (or review with) your child this week. If your older children haven't learned a chore well, be sure to take the time to teach it.

### ***Week 2***

This week's focus: "Dirty Clothes"

- All children should know *where* to put dirty clothes. You might want to have a central location in your home, with three baskets: one for whites, one for colors, and one for darks & reds. Other families prefer to have a basket in each room, or one for each family member. Whichever, spend time this week reminding your children where to put dirty clothes.
  
- How often do you do laundry? What works well with your laundry system? What needs help with your laundry system?

### ***Ways We Need to Improve:***

### ***How Children Can Help:***

### ***How Mom and Dad Can Help Children:***



# Chore Time - Week 3

## *Chores for All*

*The following is a review from Week 1:*

In our house, everyone from the 1-year-olds to the 100-year olds does the following chores each day:

- Get dressed
- Put pajamas away
- Put dirty clothes away
- Make bed
- Brush teeth
- Fix hair

We do our chores right after breakfast and Torah portion reading. Sometimes Mom puts on some fun music.

When we are done with our chores, we check if Mom has any additional chores she wants us to do. (See next page.)

## ***Chores to Learn***

Below are chores that you can teach (or review with) your child this week. If your older children haven't learned a chore well, be sure to take the time to teach it.

### **Week 3**

This week's focus: "Making a Bed"

- Preschool & Elementary:** This age child should be able to make a bed fairly well, especially if you eliminate the top sheet and use just a comforter on top. Help him to arrange any stuffed animals and blankets neatly. Remind him to check for "lost" toys or clothing under the bed and behind the bed.
  
- Older Children:** Now your child is old enough to learn how to make an entire bed, even the sheets. Why not even teach how to make hospital corners? See <http://www.marthastewart.com/246582/hospital-corners>

### ***Ways We Need to Improve:***

### ***How Children Can Help:***

### ***How Mom and Dad Can Help Children:***