



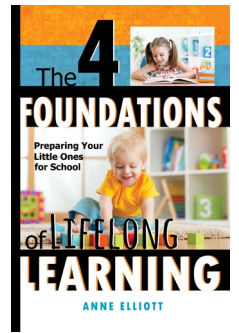
HOW TO HELP CHILDREN LEARN NEW THINGS

HORMONE & BRAIN DEVELOPMENT AT EVERY AGE, AND HELPING OLDER CHILDREN LEARN SKILLS THEY MIGHT HAVE MISSED



Note: Check out Anne's book, *The Four Foundations of Lifelong Learning: Preparing Your Little Ones for School.*

<https://foundationspress.com/product/book-the-four-foundations-of-lifelong-learning/>



Every Child Needs:

- ✓ Love
- ✓ Discipline and Structure
- ✓ Oxygen
- ✓ Good Nutrition
- ✓ Focusing Skills

What the Bible Says about Learning:

- ✓ We can learn a little bit (but not all) from human psychology.
- ✓ We must compare everything to Scripture.

**"The fear of YHVH is the beginning of wisdom,
And the knowledge of the Holy One is understanding."
(Proverbs 9:10, NKJV)**



Four Stages of Learning:

1. Fear of YHVH
2. Knowledge
3. Understanding
4. Wisdom

Luke 2:52 – A picture of a well-developed child.

Ecclesiastes 10:10 – How do we help our children learn?

As parents, we must be *wise* about how we teach! We need to _____ the ax.

Learning Theories:

- ✓ Bottom-Up Learning vs. Top-Down Learning
- ✓ Learning Stages:
 - Age 6-7 Concrete Learning
 - Age 11-12 Abstract Learning
 - Practice your storytelling abilities (Deuteronomy 6:6-9).

Memorization:

Why? For quick recall, to make knowledge *useful* in daily life.

Level 1: Learn by _____.

Level 2: Learn by _____.
(Example: Psalm 1)

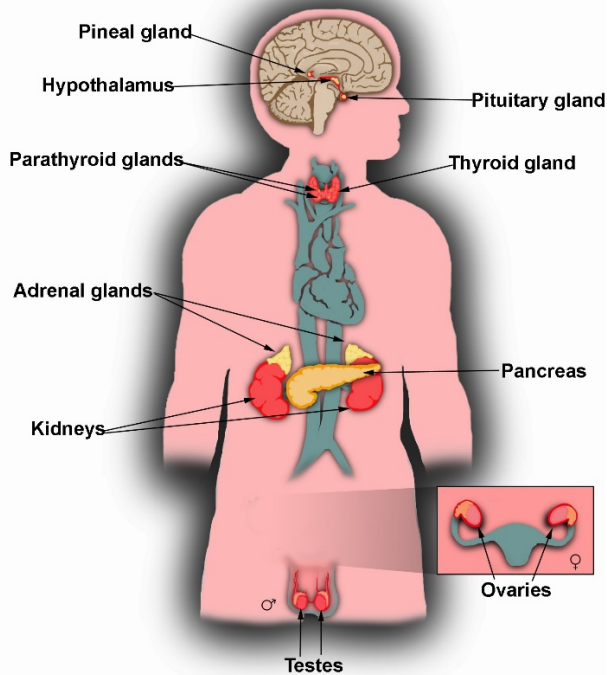
Build _____ so that all learning can attach to things previously learned.

Short-term vs. Long-term memory:

- ✓ Learn a series of items in _____ of 5 to 9 things.
- ✓ Make associations.
- ✓ Draw mental pictures.
- ✓ Discuss with words. (You can even talk to yourself!)

Your Children Are Growing:

The Endocrine System



Ecclesiastes 12:12 – Much study wearies the body! 😊

- ✓ Hormonal changes are not an excuse to _____.

Study:

- ✓ Self-control
- ✓ How to rejoice in every circumstance
- ✓ How to have a soft answer

Read Proverbs, Galatians, Ephesians, Philippians, and Colossians.

- ✓ Be patient with your child!
Ephesians 6:4

If your children are under stress, get to the root of it!

Learn more:

<https://anneshealthplace.com/blog/articles/>

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