

2023 HOMESCHOOL FAMILY CONFERENCE

AUGUST 7-8, 2023



Starting Seeds (Infants, Babies, Preschool)

1. Good Food

- Breastfeeding
- Make sure Mom is fed.
- Eat food YHVH made.
- Feed baby fully.
- Be the Mom.

2. Good Sleep

- Daytime naps (90 minutes or more)
- Look for a child that wakes up happy. 😊
- Develop good circadian rhythms.

Psalm 127:2

Psalm 104:19-23

3. Good Interaction

- Talk to Baby.
- Do life with Baby.
- Crawling
- Read to Baby.
- Teach Baby to sit still.
- Pray with Baby.
- Have a loving marriage.

4. Good Character

- Fruit of the Spirit (Galatians 5:22-23)
- Old enough to understand is old enough to obey.
 - Matthew 13:23
 - Mark 4:20
 - Luke 8:15

Recommended Resources:

- *The Four Foundations of Lifelong Learning*, by Anne Elliott
<https://foundationspress.com/product/book-the-four-foundations-of-lifelong-learning/>
- *Secrets of the Baby Whisperer*, by Tracy Hogg
<https://amzn.to/45j9X00>
- *Healthy Sleep Habits, Happy Child*, by Marc Weissbluth
<https://amzn.to/3Kui8z2>
- <https://thousanddays.org/>