## 2023 HOMESCHOOL FAMILY CONFERENCE

AUGUST 7-8, 2023



A Peaceful Home

- 1. Start the day with music and prayer.
- 2. Declutter.
  - Especially the visual clutter on the wall and on the floors (or any flat surface).
  - Make sure things have a "home."
  - Put items at their point of use.
  - Do this process with your children.
- 3. "Take dominion" of bins, boxes, and baskets.
  - Containers should contain only one "kind" of thing.
    - Sort and classify.
    - Label, give names.
  - Organize clothes and closets
- 4. Define areas and tasks that happen in those areas.
- 5. Choose calming colors.
  - If you can paint, choose white or light colors.
    - Yellow, tan, and warm cream colors
    - Light blue and light green are calming
  - Try to keep most items in the same color family.

## **Recommended Resources:**

- Erev Shabbat Playlist:
  <a href="https://youtube.com/playlist?list=PLwq5jl">https://youtube.com/playlist?list=PLwq5jl</a> oCJFgFZxAyp3w30e9 BOyXeu-&si=C6N85KjNoyr3Z-aA
- The Sensory Child Gets Organized, by Carolyn Dalgliesh